FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| STATEMENT | OF CHANGES | S IN BENEFICIAL | . OWNERSHIP |
|-----------|------------|-----------------|-------------|

| | OMB APPRO | VAL |
|---|-------------------------|-----------|
| l | OMB Number: | 3235-0287 |
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| I | hours per response: | 0.5 |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Lopp Thomas W. Jr. | | | | | | 2. Issuer Name and Ticker or Trading Symbol Sterling Bancorp, Inc. [SBT] 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Director Officer (give title Other (specify | | | | | | | | | | | ner | | | |
|--|---|--|---|--------|---|--|---|-----|--|------|---|---|----------------|---|---|--|--------------------------------------|--|--|--|
| (Last) (First) (Middle) C/O STERLING BANCORP, INC. | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/21/2018 | | | | | | | | | below) | | | below) | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | | |
| ONE TOWNE SQUARE, SUITE 1900 | | | | | 4.1 | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. In | 6. Individual or Joint/Group Filing (Check Applicable | | | | | |
| (Street) SOUTHFIELD MI 48076 | | | | _ | | | | | | | | | | X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| (City) | (| State) | (Zip) | | | | | | | | | | | 1 613011 | | | | | | |
| | | Tak | le I - Non | -Deriv | /ativ | e Se | curities | Acq | juired, C | Disp | osed o | of, or E | ene | ficiall | y Owned | | | | | |
| 1. Title of Security (Instr. 3) 2. Transar Date (Month/Date | | | | | Execu Day/Year) if any | | 2A. Deemed Execution Date, f any Month/Day/Year) | | Transaction Disposed Code (Instr. 5) | | ities Acquired (A) o d Of (D) (Instr. 3, 4 | | | | es Form ally (D) o Following (I) (Ir | | n: Direct or Indirect nstr. 4) | 7. Nature of Indirect Beneficial Ownership | | |
| | | | | | | | | | Code | v | Amount | (A (D | or | Price | Transact | Reported Transaction(s) (Instr. 3 and 4) | | | (Instr. 4) | |
| Common Stock 03/21/ | | | | 1/201 | /2018 | | A | | 8,250 ⁽¹⁾ A | | \$0 | 15,250 | | | D | | | | | |
| | | - | Table II - I (| | | | | | ired, Dis | | | | | | Owned | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversior or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution E if any (Month/Day | Date, | Code (In | | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | | Code | v | (A) | | Date Exercisable | | xpiration ate | Title | or No of | umber | | | | | | |
| Stock Option (right to | \$13.73 | 03/21/2018 | | | A | | 12,000 | | (2) | 0 | 3/21/2028 | Commo | | 2,000 | \$0 | 12,000 | | D | | |

Explanation of Responses:

- 1. The shares were received as a grant of restricted stock that vests as to 50% on the third anniversary of the date of grant, and 50% on the fourth anniversary of the date of grant.
- $2. \ The option vests as to 50\% \ on the third anniversary of the date of grant, and 50\% \ on the fourth anniversary of the date of grant.$

/s/ Jeffrey H. Kuras, by Power 03/23/2018 of Attorney

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.