FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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OMB AP	PROVAL							
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Daitch Peggy					2. Issuer Name and Ticker or Trading Symbol Sterling Bancorp, Inc. [SBT]									k all app Direc	tor	ng Pers	10% O	wner		
		ANCORP, INC.	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/01/2022									Office below	er (give title /)		Other (below)	specify	
ONE TOWNE SQUARE, SUITE 1900						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)	FIELD M	[4	8076											X	,					
(City)	(St	ate) (2	Zip)																	
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benef	icially	/ Own	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired Disposed Of (D) (Instr 5)			, 4 and Sec Ben		rities Fo ficially (D d Following (I)		: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)						
							Code	v	Amount	(A) (D)	or Pi	ice	Transa	ransaction(s) nstr. 3 and 4)			(msu. 4)			
Common Stock 01/01/2				2022			A		7,500(1)	A	A \$0.00		15,864			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any			ransaction of Ode (Instr. Derivative		vative irities ired r osed)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		nt		9. Number derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	y [Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)				
					Code	v			Date Exercis	able	Expiration Date Titl		of Share	s						

Explanation of Responses:

1. Represents award of restricted stock dated January 1, 2022 pursuant to the Sterling Bancorp, Inc. 2020 Omnibus Equity Incentive Plan ("Plan"). The shares of restricted stock will vest over a three-year period as follows: 2,475 shares on January 1, 2023, an additional 2,475 shares on January 1, 2024, and the remaining 2,550 shares on January 1, 2025 subject to continued Service on each such date, or, if earlier, upon death or Disability or a Change of Control, all as specified in the Plan.

/s/ Peggy Daitch by Colleen Kimmel, attorney-in-fact

01/04/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.