FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C.	20549
vvasiliigton,	D.C.	20040

STATEMENT	ΩF	CHANGES	IN	BENEFICIAL	OWNERSHIP
	O.	CHANCE		DENEI IOIAE	CVVIILITOIIII

OMB APPROVAL										
OMB Number: 3235-0287										
Estimated average burden										
hours per respons	se: 0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Donahue Michael						2. Issuer Name and Ticker or Trading Symbol Sterling Bancorp, Inc. [ SBT ]								(Che	elationship eck all app X Direc	licable)	ng Per	rson(s) to Is	
(Last)	(F	irst) (I	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/01/2024									Office below	er (give title		Other (s below)	pecify
C/O STERLING BANCORP, INC. ONE TOWNE SQUARE, SUITE 1900					4. If <i>I</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person				·		
(Street) SOUTHI	FIELD M	Ι 4	8076		Dul							Form filed by More than One Reporting Person							
(City)	(S	tate) (2	Zip)		$ _{\square}$	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or E	3ene	eficia	lly Own	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da				Executio		ution	Date,	3. Transaction Code (Instr. 8)  4. Securitic Disposed (5)		es Acquired (A) Of (D) (Instr. 3, 4		(A) or 3, 4 and	Benefic	ties Fo cially (D I Following (I)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) (D)	or	Price		ction(s)	(s) 4)		msu. 4)
Common	Stock			01/01/	2024			A		7,500(1)	) A \$		\$0.00	00 15,000			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		4. Transa Code ( 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		nstr.	B. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v			Date Exercisable		Expiration Date	Title	Num of Sha						

## Explanation of Responses:

1. Represents award of restricted stock dated January 1, 2024 pursuant to the Sterling Bancorp, Inc. 2020 Omnibus Equity Incentive Plan ("Plan"). The shares of restricted stock will vest over a three-year period as follows: 2,475 shares on January 1, 2025, an additional 2,475 shares on January 1, 2026, and the remaining 2,550 shares on January 1, 2027 subject to continued Service on each such date, or, if earlier, upon death or Disability or a Change of Control, all as specified in the Plan.

/s/ Michael Donahue by

Elizabeth M. Keogh, attorney- 01/05/2024

in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.