FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

shington, D.C. 20549	

UIVID APP	ROVAL								
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Knott Karen						2. Issuer Name and Ticker or Trading Symbol Sterling Bancorp, Inc. [SBT]								Check a	all appl Direct	licable)		erson(s) to Issuer  10% Owner  Other (specify	
(Last)	`	rst) (MANCORP, INC.	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 04/23/2024									X	below			below)	specify
ONE TOWNE SQUARE, SUITE 1900						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	FIELD M	I 4	8076											X	X Form filed by One Reporting Person  Form filed by More than One Reporting Person				
(City)	(S	tate) (Z		Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
		Table	I - Noi	n-Deriva	tive S	ecui	rities	Acq	uired,	Dis	posed of	, or Be	nefic	ially (	Own	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)				Execution/Day/Year) if any		2A. Deemed Execution Date, if any (Month/Day/Year)				es Acquired (A) Of (D) (Instr. 3,		4 and Secur Benef		ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price	Tran		action(s) 3 and 4)			(11341. 4)	
Common Stock 04/23/2					2024				F		917(1)	D	\$4.	91	126,277			D	
Common Stock														4,492				401(k) Plan	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed on Date, Day/Year)		Transaction of Code (Instr. Derivative			Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code					Expiration Date		Amount or Number of Shares							

## **Explanation of Responses:**

1. Represents the withholding of shares of common stock by Sterling Bancorp, Inc. in satisfaction of tax withholding obligations in connection with the vesting of restricted stock previously granted to the reporting person.

> /s/ Karen Knott by Elizabeth M. Keogh, attorney-in-fact

04/24/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.